

WYOMING LCM STATE RECORDS

RECORDS ARE CURRENT AS OF AUGUST 17, 2009

LCM - GIRLS

8 & U	50 Free	37.36	31-Dec-84	GST -WY	ASHLEA REED
	100 Free	1:25.94	7-Apr-06	WAVE -WY	ABBY URBAN at 2006 FAST Long Course Spring Open
	200 Free	3:08.53	27-Apr-01	CHEY -WY	ALYSSA MILLER at TOPS Spring Open 2001
	50 Back	43.89	7-Apr-06	WAVE -WY	ABBY URBAN at 2006 FAST Long Course Spring Open
	50 Breast	48.68	7-Apr-06	WAVE -WY	ABBY URBAN at 2006 FAST Long Course Spring Open
	50 Fly	41.73	28-Jun-02	GST -WY	SHAYA SCHAEDLER at FAST Long Course Open
	200 IM	3:21.80	27-Apr-01	CHEY -WY	ALYSSA MILLER at TOPS Spring Open 2001
	200 Free Relay	3:03.97	8-Aug-92	LSC -WY	LARAMIE SWIM CLUB
	200 Medley Relay	3:25.41	8-Aug-92	SBSC -WY	SCOTTSBLUFF SWIM CLUB
10 & U	50 Free	30.99	3-Aug-04	GST -WY	SHAYA SCHAEDLER at 2004 Western Zone Championships
	100 Free	1:08.71	3-Aug-04	GST -WY	SHAYA SCHAEDLER at 2004 Western Zones
	200 Free	2:33.24	11-Aug-98	NSST -WY	HANNAH JENNINGS at 1998 Western Zone Championships
	400 Free	5:27.86	2-Aug-98	NSST -WY	HANNA JENNINGS at 1998 Summer State Championships
	50 Back	36.75	3-Aug-04	GST -WY	SHAYA SCHAEDLER at 2004 Western Zone Championships
	100 Back	1:17.18	3-Aug-04	GST -WY	SHAYA SCHAEDLER at 2004 Western Zone Championships
	50 Breast	40.35	11-Aug-98	CSC -WY	KAELLA HARTIGAN at 1998 Western Zone Championships
	100 Breast	1:29.79	11-Aug-98	CSC -WY	KAELLA HARTIGAN at 1998 Western Zone Championships
	50 Fly	34.57	2-Aug-98	NSST -WY	HANNA JENNINGS at 1998 Summer State Championships
	100 Fly	1:20.12	31-Dec-92	GST -WY	DEMERAЕ CHRISTIANSON
	200 IM	2:54.39	11-Aug-98	CSC -WY	KAELLA HARTIGAN at 1998 Western Zone Championships
	200 Free Relay	2:27.23	7-Aug-94	SHER -WY	SHERIDAN SWIM TEAM
	200 Medley Relay	2:41.75	8-Aug-92	GST -WY	GILLETTE SWIM TEAM
11-12	50 Free	28.62	12-Aug-97	GST -WY	DANA GOENS at 1997 Western Zone Championships
	100 Free	1:03.74	3-Aug-97	GST -WY	DANA GOENS at 1997 Summer State Championships
	200 Free	2:18.06	11-Aug-98	CKAT -WY	KYLE WATSON at 1998 Western Zone Championships
	400 Free	4:52.82	31-Dec-82	LSC -WY	JENNIFER JONES
	800 Free	11:10.22	29-Jul-05	GST -WY	HANNAH THORFINNSON at 2005 WY Summer State
	1500 Free	20:22.10	19-Jun-09	WAVE -WY	SHANNON CHELSVIG at 2009 CO FAST Long Course Open
	50 Back	33.20	3-Aug-04	WAVE -WY	JENNA WISDORF at 2004 Western Zone Championships
	100 Back	1:10.10	3-Aug-04	WAVE -WY	JENNA WISDORF at 2004 Western Zone Championships
	200 Back	2:41.99	23-Apr-04	WAVE -WY	JENNA WISDORF at 2004 CO FST Spring Long Course
	50 Breast	36.89	4-Aug-09	CASC -WY	ILIANA JONES at 2009 Western Zone Swimming Championships
	100 Breast	1:22.02	4-Aug-09	CASC -WY	ILIANA JONES at 2009 Western Zone Swimming Championships
	200 Breast	3:00.68	12-Jun-09	CASC -WY	ILIANA JONES at 2008 CO Loveland-Greeley Stampede
	50 Fly	29.65	5-Aug-08	GST -WY	KELSEY OCHSNER at 2008 Western Zone Championships
	100 Fly	1:07.71	5-Aug-08	GST -WY	KELSEY OCHSNER at 2008 Western Zone Championships
	200 Fly	2:59.37	21-May-04	WAVE -WY	JENNA WISDORF at 2004 CO FST May Long Course Open
	200 IM	2:33.84	4-Aug-09	CASC -WY	ILIANA JONES at 2009 Western Zone Swimming Championships
	400 IM	5:54.56	23-Apr-04	WAVE -WY	JENNA WISDORF at 2004 CO FST Spring Long Course
	200 Free Relay	2:08.43	4-Aug-96	GST -WY	GILLETTE SWIM TEAM
	200 Medley Relay	2:21.77	7-Aug-94	GST -WY	GILLETTE SWIM TEAM
13-14	50 Free	27.95	5-Aug-08	GST -WY	SHAYA SCHAEDLER at 2008 Western Zone Championships
	100 Free	1:00.95	5-Aug-08	GST -WY	SHAYA SCHAEDLER at 2008 Western Zone Championships
	200 Free	2:12.93	23-Jul-02	CASC -WY	CARRAH HALEY at Four Corners/NW Section Speedo
	400 Free	4:43.38	17-Aug-99	SHER -WY	SARAH HEINE at 1999 Western Zones
	800 Free	9:39.41	17-Aug-99	SHER -WY	SARAH HEINE at 1999 Western Zone Championships
	1500 Free	18:14.86	17-Aug-99	LSC -WY	HEATHER MOORE at 1999 Western Zone Championships
	100 Back	1:08.83	29-Jul-05	WAVE -WY	JENNA WISDORF at 2005 WY Summer Long Course Championships
	200 Back	2:28.56	4-Aug-09	GST -WY	KELSEY OCHSNER at 2009 Western Zone Swimming Championships
	100 Breast	1:19.58	31-Dec-81	LSC -WY	TAMRA McCULLOUGH
	200 Breast	2:52.42	31-Dec-81	CASC -WY	BRIDGET BUCK
	100 Fly	1:03.35	4-Aug-09	GST -WY	KELSEY OCHSNER at 2009 Western Zone Swimming Championships
	200 Fly	2:27.16	4-Aug-09	GST -WY	KELSEY OCHSNER at 2009 Western Zone Swimming Championships
	200 IM	2:31.66	31-Dec-96	GST -WY	DEMERAЕ CHRISTIANSON
	400 IM	5:28.47	11-Aug-98	NSST -WY	NATASHA SCHLUP at 1998 Western Zone Championships
	200 Free Relay	2:02.66	2-Aug-98	SHER -WY	SHERIDAN SWIM CLUB
	400 Free Relay	4:34.04	25-Jul-08	GST -WY	J. Ely, H. Hance, R. Cisneros, S. Schaedler
	200 Medley Relay	2:18.64	2-Aug-98	NSST -WY	NEWCASTLE STINGRAY SWIM TEAM
	400 Medley Relay	5:02.80	27-Jul-07	GST -WY	S. Schaedler, A. Ochsner, B. Lang, B. Bishop

LCM - GIRLS

15-16	50 Free	26.43	31-Dec-98	GST -WY	KELLY BENNETT
	100 Free	58.22	31-Dec-98	GST -WY	KELLY BENNETT
	200 Free	2:11.51	24-Jul-09	GST -WY	SHAYA SCHAEGLER at 2009 WY Wyoming A&B Long Course Championship
	400 Free	4:41.60	7-Aug-01	CKAT -WY	KYLE WATSON at 2001 Western Zone Championships
	800 Free	9:39.82	7-Aug-01	CKAT -WY	KYLE WATSON at 2001 Western Zone Championships
	1500 Free	18:09.45	7-Aug-01	LSC -WY	HEATHER MOORE at 2001 Western Zone Championships
	100 Back	1:05.60	24-Jul-09	GST -WY	SHAYA SCHAEGLER at 2009 WY Wyoming A&B Long Course Championship
	200 Back	2:21.37	10-Aug-09	GST -WY	SHAYA SCHAEGLER at 2009 Speedo Junior National Championships
	100 Breast	1:17.10	24-Jul-09	GST -WY	ASHLEY OCHSNER at 2009 WY Wyoming A&B Long Course Championship
	200 Breast	2:49.07	4-Aug-09	GST -WY	ASHLEY OCHSNER at 2009 Western Zone Swimming Championships
	100 Fly	1:02.29	1-Aug-97	GST -WY	DEMERAE CHRISTIANSON at Phillips 66 National Championships
	200 Fly	2:19.24	31-Dec-97	GST -WY	DEMERAE CHRISTIANSON
	200 IM	2:25.99	10-Aug-09	GST -WY	SHAYA SCHAEGLER at 2009 TimeTrials Speedo Junior National Champs
	400 IM	5:17.51	7-Aug-01	LSC -WY	HEATHER MOORE at 2001 Western Zone Championships
	200 Free Relay	2:02.96	3-Aug-97	GST -WY	GILLETTE SWIM TEAM
	200 Medley Relay	2:20.07	8-Aug-00	GST -WY	GILLETTE SWIM TEAM
	17-18	50 Free	26.76	31-Dec-99	GST -WY
100 Free		58.67	31-Dec-99	GST -WY	KELLY BENNETT
200 Free		2:07.46	21-Jul-05	CASC -WY	KRISTEN HEISS at 2005 CC Speedo Sectional Championships
400 Free		4:28.20	21-Jul-05	CASC -WY	KRISTEN HEISS at 2005 CC Speedo Sectional Championships
800 Free		9:46.93	5-Aug-08	GST -WY	T.J. PADOVA at 2008 Western Zone Championships
1500 Free		18:36.94	5-Aug-08	GST -WY	T.J. PADOVA at 2008 Western Zone Championships
100 Back		1:05.48	21-Jul-05	CASC -WY	KRISTEN HEISS at 2005 CC Speedo Sectional Championships
200 Back		2:20.32	21-Jul-05	CASC -WY	KRISTEN HEISS at 2005 CC Speedo Sectional Championships
100 Breast		1:19.35	25-Jul-08	GST -WY	MEGHAN SWIRZCKI at 2008 WY Summer Long Course Championships
200 Breast		2:47.83	4-Aug-09	GST -WY	MEGHAN SWIRZCKI at 2009 Western Zone Swimming Championships
100 Fly		1:02.11	28-Mar-99	GST -WY	DEMERAE CHRISTIANSON at Phillips 66 Spring National Championships
200 Fly		2:15.77	6-Aug-99	GST -WY	DEMERAE CHRISTIANSON at USA Nationals
200 IM		2:23.35	31-Dec-99	GST -WY	KATIE PECK
400 IM		5:19.07	8-Aug-06	UNAT -WY	SINEAD O'DWYER at 2006 Western Zone Championships
OPEN	50 Free	26.43	31-Dec-98	GST -WY	KELLY BENNETT
	100 Free	58.22	31-Dec-98	GST -WY	KELLY BENNETT
	200 Free	2:07.46	21-Jul-05	CASC -WY	KRISTEN HEISS at 2005 CC Speedo Sectional Championships
	400 Free	4:28.20	21-Jul-05	CASC -WY	KRISTEN HEISS at 2005 CC Speedo Sectional Championships
	800 Free	9:39.82	7-Aug-01	CKAT -WY	KYLE WATSON at 2001 Western Zones
	1500 Free	18:09.45	7-Aug-01	LSC -WY	HEATHER MOORE at 2001 Western Zones
	100 Back	1:05.48	21-Jul-05	CASC -WY	KRISTEN HEISS at 2005 CC Speedo Sectional Championships
	200 Back	2:20.32	21-Jul-05	CASC -WY	KRISTEN HEISS at 2005 CC Speedo Sectional Championships
	100 Breast	1:11.61	5-Jun-08	UW -WY	LESLEY YOUNG at 2008 MW Mutual of Omaha Swimvitational
	200 Breast	2:41.18	5-Jun-08	UW -WY	LESLEY YOUNG at 2008 MW Mutual of Omaha Swimvitational
	100 Fly	1:02.11	28-Mar-99	GST -WY	DEMERAE CHRISTIANSON at Phillips 66 Spring National Championships
	200 Fly	2:15.77	6-Aug-99	GST -WY	DEMERAE CHRISTIANSON at USA Nationals
	200 IM	2:23.35	27-Jul-99	GST -WY	KATIE PECK at Junior Championships
	400 IM	5:17.51	7-Aug-01	LSC -WY	HEATHER MOORE at 2001 Western Zones
	200 Free Relay	2:00.49	25-Jul-03	CASC -WY	C. Haley, K. Heiss, C. Hicks, K. Higginson
	400 Free Relay	4:15.61	24-Jul-09	GST -WY	S. Schaedler, J. Ely, T. Padova, M. Swirzcki
	200 Medley Relay	2:17.05	25-Jul-03	CASC -WY	C. Haley, K. Heiss, C. Hicks, K. Higginson
400 Medley Relay	4:45.33	24-Jul-09	GST -WY	S. Schaedler, A. Ochsner, J. Ely, M. Swirzcki	

LCM - BOYS

8 & U	50 Free	35.34	2-Aug-98	CASC -WY	ERIK HEISS at 1998 Summer State Championships
	100 Free	1:20.36	31-Dec-88	CHEY -WY	ERIC PRUTER
	200 Free	2:54.30	31-Dec-83	LSC -WY	HEBER RICHARDSON
	50 Back	42.45	31-Dec-85	RDAT -WY	KIRBY HEYBORNE
	50 Breast	48.09	14-May-04	WAVE -WY	CONNOR DICKERSON at 2004 CO FAST Eliminator Open
	50 Fly	41.95	25-Jul-03	WAVE -WY	TYLER JOHNSON at 2003 Summer State Championships
	200 IM	3:21.48	22-Apr-05	WAVE -WY	BEN WISDORF at 2005 CO FST Long Course Open
	200 Free Relay	2:50.16	27-Jul-90	GST -WY	GILLETTE SWIM TEAM
	200 Medley Relay	3:24.55	7-Aug-94	CASC -WY	CASPER SWIM CLUB
10 & U	50 Free	31.09	31-Dec-87	GRSD -WY	MATT STRAUSS
	100 Free	1:10.15	31-Dec-87	GRSD -WY	MATT STRAUSS
	200 Free	2:29.89	31-Dec-80	CASC -WY	CURTIS BUCK
	400 Free	5:30.54	28-Jul-00	CSC -WY	TREVOR ANDERSON at 2000 Wyoming Summer State
	50 Back	37.05	31-Dec-79	BOSS -WY	MARK JOHNSON
	100 Back	1:21.89	2-Aug-96	CASC -WY	KRISTOPHER HOLBROOK at 1996 Wyoming Summer State
	50 Breast	40.57	31-Dec-83	RRST -WY	CHRIS MORGAN
	100 Breast	1:29.51	15-Aug-00	NSST -WY	TERRY ROLFE at 2000 Western Zone Championships
	50 Fly	34.81	31-Dec-81	RSSC -WY	JASON ALDRED
	100 Fly	1:17.53	31-Dec-82	RDAT -WY	SEAN TESORO
	200 IM	2:49.77	31-Dec-80	CASC -WY	CURTIS BUCK
	200 Free Relay	2:27.11	31-Jul-04	WAVE -WY	B. Anderson, B. Wisdorf, T. Wisdorf, T. Johnson
	200 Medley Relay	2:45.91	9-Aug-93	RRST -WY	Rawling Rebels Swim Team
11-12	50 Free	27.11	8-Aug-06	GST -WY	NICK DILLINGER at 2006 Western Zone Championships
	100 Free	59.16	8-Aug-06	GST -WY	NICK DILLINGER at 2006 Western Zone Championships
	200 Free	2:10.20	8-Aug-06	GST -WY	NICK DILLINGER at 2006 Western Zone Championships
	400 Free	4:31.04	8-Aug-06	GST -WY	NICK DILLINGER at 2006 Western Zone Championships
	800 Free	10:19.41	3-Jul-09	RST -WY	ZACH CAIN at 2009 SD Rapid City Independence Day Swimvite
	1500 Free	19:58.11	18-Jul-09	RST -WY	ZACH CAIN at 2009 WY Gillette Summer Last Chance
	50 Back	32.27	28-Jul-06	GST -WY	NICK DILLINGER at 2006 WY Summer Long Course Championship
	100 Back	1:09.11	28-Jul-06	GST -WY	NICK DILLINGER at 2006 WY Summer Long Course Championship
	200 Back	2:41.84	6-May-06	GST -WY	NICK DILLINGER at 2006 WY Gillette Gator Mini-Meet
	50 Breast	35.97	31-Dec-82	CASC -WY	CURTIS BUCK
	100 Breast	1:19.53	31-Dec-82	CASC -WY	CURTIS BUCK
	200 Breast	3:11.53	15-May-09	GST -WY	DAVID BOWERSOX at 2009 MT Bozeman May Classic
	50 Fly	30.65	28-Jul-06	GST -WY	NICK DILLINGER at 2006 WY Summer Long Course Championship
	100 Fly	1:11.39	24-Jul-09	RST -WY	ZACH CAIN at 2009 WY Wyoming A&B Long Course Championship
	200 Fly	3:14.95	21-Apr-06	CCW -WY	TYLOR WEISS at CO FST April Long Course Open
	200 IM	2:30.26	28-Jul-06	GST -WY	NICK DILLINGER at 2006 WY Summer Long Course Championship
	400 IM	5:36.54	18-Jul-09	RST -WY	ZACH CAIN at 2009 WY Gillette Summer Last Chance
	200 Free Relay	2:09.96	8-Aug-92	PASS -WY	POWELL SWIM TEAM
	200 Medley Relay	2:32.73	8-Aug-92	PASS -WY	POWELL SWIM TEAM
13-14	50 Free	25.25	5-Aug-08	GST -WY	NICK DILLINGER at 2008 Western Zone Championships
	100 Free	54.90	5-Aug-08	GST -WY	NICK DILLINGER at 2008 Western Zone Championships
	200 Free	1:58.82	5-Aug-08	GST -WY	NICK DILLINGER at 2008 Western Zone Championships
	400 Free	4:19.55	5-Aug-08	GST -WY	NICK DILLINGER at 2008 Western Zone Championships
	800 Free	9:14.54	14-Aug-00	CHEY -WY	ALEX ANDERSON at 2000 Western Zone Championships
	1500 Free	17:42.48	25-Jul-08	GST -WY	NICK DILLINGER at 2008 WY Summer Long Course Championships
	100 Back	1:04.34	25-Jul-08	GST -WY	NICK DILLINGER at 2008 WY Summer Long Course Championships
	200 Back	2:16.95	5-Aug-08	GST -WY	NICK DILLINGER at 2008 Western Zone Championships
	100 Breast	1:12.19	31-Dec-89	GST -WY	ERIC JESSEN
	200 Breast	2:39.33	31-Dec-89	GST -WY	ERIC JESSEN
	100 Fly	1:02.41	25-Jul-08	GST -WY	NICK DILLINGER at 2008 WY Summer Long Course Championships
	200 Fly	2:22.63	14-Aug-00	CHEY -WY	ALEX ANDERSON at 2000 Western Zone Championships
	200 IM	2:15.41	5-Aug-08	GST -WY	NICK DILLINGER at 2008 Western Zone Championships
	400 IM	5:13.81	19-Jul-08	GST -WY	NICK DILLINGER at 2008 SD Rapid City Last Chance
	200 Free Relay	2:06.03	3-Aug-97	NSST -WY	NEWCASTLE STINGRAY SWIM TEAM
	400 Free Relay	4:18.13	27-Jul-07	LSC -WY	R. Hanekamp, G. Chakmakian, H. Mohd Reza, S. Lunde
	200 Medley Relay	2:21.94	2-Aug-98	USA -WY	UNITED SOUTHWEST AQUATICS
	400 Medley Relay	4:53.73	27-Jul-07	LSC -WY	S. Lundell, J. Ekberg, R. Hanekamp, G. Chakmakian

LCM - BOYS

15-16	50 Free	24.49	10-Aug-09	GST -WY	NICK DILLINGER at 2009 TimeTrials Speedo Junior National Champs
	100 Free	53.07	10-Aug-09	GST -WY	NICK DILLINGER at 2009 Speedo Junior National Championships
	200 Free	1:58.37	10-Aug-09	GST -WY	NICK DILLINGER at 2009 Speedo Junior National Championships
	400 Free	4:12.17	31-Dec-89	UNAT -WY	CHRIS MORGAN
	800 Free	8:35.17	31-Dec-89	UNAT -WY	CHRIS MORGAN
	1500 Free	16:39.10	31-Dec-89	UNAT -WY	CHRIS MORGAN
	100 Back	1:01.54	24-Jul-09	GST -WY	NICK DILLINGER at 2009 WY Wyoming A&B Long Course Championship
	200 Back	2:12.11	24-Jul-09	GST -WY	NICK DILLINGER at 2009 WY Wyoming A&B Long Course Championship
	100 Breast	1:10.06	13-Aug-96	LAND -WY	NATHAN MOXLEY at 1996 Western Zone Championships
	200 Breast	2:34.28	13-Aug-96	LAND -WY	NATHAN MOXLEY at 1996 Western Zone Championships
	100 Fly	58.23	4-Aug-09	LSC -WY	RUDI HANEKAMP at 2009 Western Zone Swimming Championships
	200 Fly	2:13.51	4-Aug-09	LSC -WY	RUDI HANEKAMP at 2009 Western Zone Swimming Championships
	200 IM	2:12.53	24-Jul-09	GST -WY	NICK DILLINGER at 2009 WY Wyoming A&B Long Course Championship
	400 IM	4:32.24	1-Aug-00	CASC -WY	TREVOR HALEY at 2000 Speedo Junior Championships
	200 Free Relay	1:53.90	8-Aug-92	GST -WY	GILLETTE SWIM TEAM
	200 Medley Relay	2:08.91	6-Aug-95	PASS -WY	POWELL SWIM TEAM
	17-18	50 Free	24.74	31-Dec-87	RDAT -WY
100 Free		54.67	31-Dec-98	LAN -WY	ERIK DUFEK
200 Free		2:00.48	20-Jul-01	CASC -WY	TREVOR HALEY at 2001 Wyoming Summer State
400 Free		4:12.72	25-Jul-01	CASC -WY	TREVOR HALEY at 2001 Senior Sectionals
800 Free		8:49.74	25-Jul-01	CASC -WY	TREVOR HALEY at 2001 Senior Sectionals
1500 Free		16:57.90	24-Jul-09	GST -WY	ANDREW HUDDLESTON at 2009 WY Wyoming A&B Long Course Championship
100 Back		1:00.08	23-Jul-02	USA -WY	ETHAN MacLEAN at Four Corners/NW Section Speedo
200 Back		2:13.23	5-Aug-08	WAVE -WY	JUSTIN HASTINGS at 2008 Western Zone Championships
100 Breast		1:06.14	10-Mar-04	WOR -WY	WILL VIETTI at Western Senior Section LC Championships
200 Breast		2:25.20	16-Jul-03	CASC -WY	ALEC HALEY at Western Section LC Championships
100 Fly		57.59	31-Dec-96	LSC -WY	JASON GARMAN
200 Fly		2:10.56	5-Aug-08	WAVE -WY	JUSTIN HASTINGS at 2008 Western Zone Championships
200 IM		2:11.83	23-Jul-02	CASC -WY	TREVOR HALEY at Four Corners/NW Section Speedo
400 IM		4:37.66	23-Jul-02	CASC -WY	TREVOR HALEY at Four Corners/NW Section Speedo
OPEN	50 Free	23.63	21-Jul-09	UW -WY	THOMAS GREGORY at 2009 Speedo Western Section LC Championship
	100 Free	52.47	21-Jul-09	UW -WY	THOMAS GREGORY at 2009 Speedo Western Section LC Championship
	200 Free	1:57.51	21-Jul-09	UW -WY	CHRISTIAN JOHNSON at 2009 Speedo Western Section LC Championship
	400 Free	4:05.48	21-Jul-09	UW -WY	TYLER KYBARTAS at 2009 Speedo Western Section LC Championship
	800 Free	8:22.36	21-Jul-09	UW -WY	KYLE WEMHOFF at 2009 Speedo Western Section LC Championship
	1500 Free	16:18.67	21-Jul-09	UW -WY	KYLE WEMHOFF at 2009 Speedo Western Section LC Championship
	100 Back	59.22	24-Jul-09	GST -WY	THAD STODDARD at 2009 WY Wyoming A&B Long Course Championship
	200 Back	2:12.11	24-Jul-09	GST -WY	NICK DILLINGER at 2009 WY Wyoming A&B Long Course Championship
	100 Breast	1:01.07	7-Jul-04	UW -WY	SCOTT USHER at 2004 U.S. Olympic Trials
	200 Breast	2:10.90	11-Jul-04	UW -WY	SCOTT USHER at 2004 U.S. Olympic Trials
	100 Fly	57.41	4-Aug-09	UW -WY	TYLER KYBARTAS at 2009 U. S. Open Time Trials
	200 Fly	2:04.76	4-Aug-09	UW -WY	TYLER KYBARTAS at 2009 U. S. Open Time Trials
	200 IM	2:09.69	25-Jul-03	CASC -WY	TREVOR HALEY at Wyoming "A" Summer State
	400 IM	4:37.66	23-Jul-02	CASC -WY	TREVOR HALEY at Four Corners/NW Section Speedo
	200 Free Relay	1:37.20	21-Jul-09	UW -WY	T. Gregory, C. Johnson, T. Kybartas, K. Wemhoff
	400 Free Relay	3:38.35	21-Jul-09	UW -WY	C. Johnson, T. Gregory, T. Kybartas, K. Wemhoff
	800 Free Relay	7:54.66	21-Jul-09	UW -WY	T. Gregory, K. Wemhoff, T. Kybartas, C. Johnson
	200 Medley Relay	1:50.87	21-Jul-09	UW -WY	K. Wemhoff, C. Johnson, T. Kybartas, T. Gregory
	400 Medley Relay	4:12.81	24-Jul-09	GST -WY	T. Stoddard, G. Rappleyea, A. Huddleston, N. Dillinger